



Name: Michelle Dmello

Email ID: mitchee015@gmail.com

Designation: Psychologist and Personality Development Trainer

Qualification: MA psychology, iGNIIT, Empowerment Coach (CCA certified), NLP Coach Practitioner (Symbiosis USA)

Brief Profile:

Experienced Psychologist with a demonstrated history of working in the mental health care industry. Skilled in Parent and Student Coaching, Leadership, Group Therapy, Psychotherapy, and Educational Psychology. Strong community and social service skills. Professional with a degree of MA Psychology from the University of Mumbai.

Experience: **15 years**

Research & Publication: NA

Expertise & Consultancy:

- Skilled in Parent and Student Coaching, Leadership, Group Therapy, Psychotherapy, and Educational Psychology.
- Co-founder YOUiverse Counselling and therapy Center.
- Articles published in well know newspapers.
- Invited by Rotract and Rotary Mumbai level to conduct sessions.
- Conducted sessions for Parents at IC church which was well appreciated in their Church Magazine.
- Invited to Conduct sessions by YWCA and other associations for Women of different age groups across Mumbai on Women's Day.
- Invited on Radio Shows by 92.7 Big FM as Dream analysis expert .

- Interviews on Big FM for Dream Psychology
- Frequently delivered Talks on Mental Health for HELP library on a public platform.
- Invited by International Brands on Talk Shows as Experts in the field of Mental Health.